

OBC 25M 2025: Session: 3: COACH evaluation sheet for TEAM: CNSW

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Blondeel Nathalie

Coaches: Collard Nicolas

Coaches: Gueret Aurore HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 17: 50M BACKSTROKE MEN					Heat:1, starttime: 09:40	
Heat: 1/7 Lane : 5 Athlete: SFAR MEHDI					Q-time: 00:28:86	
PB (25m pool):			PB (50m pool): No time SB:			
	2 5 M		5 0 M			
PB						
						

Coach feedback:

Event number: 17: 50M BACKSTROKE MEN						Heat:5, starttime: 09:40	
Heat: 5/7 Lane : 2 Athlete: GILET MATHIS						Q-time: 00:27:06	
PB (25m pool): 27.06 Gent 10 Nov 2024				PB (50m pool): 27.34 SB:			
	2 5 M		5 0 M				
PB			27.06				
	27.06						
							

Coach feedback:

Event number: 18: 100M BACKSTROKE WOMEN					Heat:3, starttime: 09:50
Heat: 3/6 Lane : 2 Athlete: MACHALE JULIA				Q-time: 01:06:70	
PB (25m pool): 1:06.70 Gent 10 Nov 2024			PB (50m pool): 1:09.17 SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		32.65		1:06.70	
	32.65		34.5		
					

Coach feedback:

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Event number: 18: 100M BACKSTROKE WOMEN					Heat:5, starttime: 09:50
Heat: 5/6 Lane : 3 Athlete: GRIES LAURE					Q-time: 01:04:02
PB (25m pool): 1:03.39 Braine-l'Alleud 24 Jul 2021					PB (50m pool): 1:05.01 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		30.74		1:03.39	
	30.74		32.65		
					

Coach feedback:

Event number: 19: 200M BUTTERFLY MEN							Heat:3, starttime: 10:00	
Heat: 3/4 Lane : 8 Athlete: COQUILLAT DORIAN							Q-time: 02:14:69	
PB (25m pool): 2:14.69 Gent 10 Nov 2024				PB (50m pool): 2:15.51 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		29.49		1:03.05		1:38.40		2:14.69
	29.49		33.56		35.35		36.29	
								

Coach feedback:

Event number: 19: 200M BUTTERFLY MEN							Heat:4, starttime: 10:05	
Heat: 4/4 Lane : 2 Athlete: DU BOIS DE VROYLANDE HAROLD							Q-time: 02:09:66	
PB (25m pool): 2:09.66 Gent 10 Nov 2024				PB (50m pool): No time SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		28.35		1:01.13		1:35.01		2:09.66
	28.35		32.78		33.88		34.65	
								

Coach feedback:

Event number: 21: 50M BREASTSTROKE MEN					Heat:3, starttime: 10:20
Heat: 3/8 Lane : 1 Athlete: MORIAU THIBAUT					Q-time: 00:31:17
PB (25m pool): 31.07 Louvain-la-Neuve 20 Nov 2021					PB (50m pool): 32.73 SB:
	2 5 M	5 0 M			
PB		31.07			
	31.07				
					

Coach feedback:

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Event number: 24: 50M BUTTERFLY WOMEN				Heat:3, starttime: 10:50
Heat: 3/6 Lane : 8 Athlete: SCHOEMANS STÉPHANIE				Q-time: 00:29:65
PB (25m pool): 29.62 Mons 29 Oct 2023		PB (50m pool): 30.32 SB:		
	2 5 M	5 0 M		
PB		29.62		
	29.62			
				

Coach feedback:

Event number: 25: 100M FREESTYLE MEN					Heat:3, starttime: 11:00
Heat: 3/9 Lane : 8 Athlete: MORIAU THIBAUT					Q-time: 00:53:58
PB (25m pool): 51.87 Braine-l'Alleud 24 Jul 2021			PB (50m pool): 53.32 SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		24.98		51.87	
	24.98		26.89		
					

Coach feedback:

Event number: 25: 100M FREESTYLE MEN					Heat:5, starttime: 11:00
Heat: 5/9 Lane : 2 Athlete: DEMAJ VALDRIM					Q-time: 00:52:69
PB (25m pool): 52.42 Zaventem 19 Jul 2022			PB (50m pool): 53.45 SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		24.87		52.42	
	24.87		27.55		
					

Coach feedback:

Event number: 25: 100M FREESTYLE MEN					Heat:7, starttime: 11:05
Heat: 7/9 Lane : 1 Athlete: HALAICHUK IVAN					Q-time: 00:51:48
PB (25m pool): 51.08 Leuven (BEL) 12 Nov 2022			PB (50m pool): 51.87 SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		24.42		51.08	
	24.42		26.66		
					

Coach feedback:

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Event number: 27: 4x50M FREESTYLE MIXED							Heat:1, starttime: 11:10	
Heat: 1/2 Lane : 5 Athlete: TEAM CNSW 2							Q-time: 01:46:22	
PB (25m pool):			PB (50m pool): No time SB:					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: